

# **Forwald Relays**

Thursday, April 18, 2019  
FAT

## **Long Jump**

Ali Francois  
Jack Stoneking

## **Shot Put**

Cade Collier  
Jonah Wilson

## **Discus**

Cade Collier  
Jonah Wilson

## **High Jump**

Porter Cottrell  
Ethan Graham

## **800 Meter Sprint Medley**

Quint Thompson  
Matt Fisher  
Will Mercer  
Max Stoos

## **3200 Meter Run**

Tarun Vedula  
Kent Nichols  
Gavin Smith

## **4 x 800 Meter Relay**

Michael Sampson  
Jack Meyers  
Tommy Ashby  
Grant Tebbe

## **4 x 110 Shuttle Hurdles**

Porter Cottrell  
Ben Wilson  
Ethan Graham  
Sam Sturtzer

## **100 Meter Dash**

Quint Thompson  
Evan Wilson

## **1600 Meter Medley Relay**

Jaylen Williams  
Jackson Moats  
Alexander Haack  
Ian Kaffenberger

## **400 Meter Dash**

Jack Meyers  
Tommy Ashby

## **4 x 200 Meter Relay**

Matt Fisher  
Bryce Farmer  
Shakir Davis  
Dalton Bruce

## **110 Meter High Hurdles**

Sam Sturtzer  
Porter Cottrell

## **800 Meter Run**

Kalen Bunch  
Grant Tebbe

## **200 Meter Dash**

Matt Fisher  
Alexander Haack

## **400 Meter Low Hurdles**

Ben Wilson  
Grant Necker

## **1600 Meter Run**

Parker Huhn  
Max Murphy  
Kole Sommer

## **4 x 100 Meter Relay**

Jackson Moats  
Porter Cottrell  
Jamie Trentz  
Jaylen Williams

## **4 x 400 Meter Relay**

Noah Vance  
Shubham Chauhan  
Michael Sampson  
Shakir Davis